Dogs

- 1. Set yourself up for success...you will need:
 - a clean, non-metal container with very low sides (a saucer, Tupperware lid, etc.) OR a
 plastic ladle with a long handle
 - a short leash you want your dog to urinate close to you
 - a dog that really needs to "go"! The first walk in the morning is best.
- 2. Walk your dog outside, do not speak to your dog (speaking will cause your dog to turn and face you when you need the "business end" closer to you!). Remain quiet and calm.
- 3. When your dog squats/lifts his leg, place the container or bowl of ladle under your dog to catch the urine.
- 4. Once you have collected the urine, seal it in a clean container and place in the refrigerator.
- 5. Bring the sample to our office within 2 hours for analysis, keeping the sample on an ice pack during transit. Urine must not be out of the refrigerator more than 1 hour!

Cats

- 1. Set yourself up for success...you will need:
 - a clean, dry litter box filled with a non-absorbent material. No-Sorb works best (available at Mountain Lore!
 - a small, quiet room that the cat is comfortable in. Bathrooms are great for this purpose.
 - Place a water dish and a small amount of food in the room, away from the litter box.
 - the cat
 - a sterile urine cup (pick up at Mountain Lore)
- 2. Place the cat in the room with the litter box, food, and water. Shut the door.
- 3. Every 15-20 minutes, check to see if cat has urinated in the litter box.
- 4. Pour urine into sterile urine cup and place in refrigerator.
- 5. Bring sample to our office within 2 hours for analysis, keeping the sample on an ice pack during transit. Urine must not be out of the refrigerator more than 1 hour!