

Easy Guide to Brushing Your Pets Teeth

Supplies:

- Pet-safe toothpaste
- Soft toothbrush or finger-brush
 - Can start out with a wash cloth or gauze if your pet is uncomfortable with a toothbrush

Brushing:

- Start out by allowing your pet to smell and taste the toothpaste, don't be in a hurry to start brushing right away, some pets may take a few tries to get used to having their mouths handled
 - If your pet seems to dislike the toothpaste, you can brush without it. Brushing with water alone can greatly reduce the amount of debris on your pet's teeth.
- Once your pet becomes comfortable with the toothpaste, you can begin brushing.
 - Holding the brush at a 45-degree angle to the teeth, make small circular motions.
 - Start out brushing for 10 to 15 seconds on each side of the mouth and gradually increase the time during each brushing session.
- For optimal results, dogs and cats should have their teeth brushed daily, try to make it part of your and your pet's daily routine.