

Weight Management Exercise Program at



“55% of dogs and 54% of cats in the U.S. are obese or overweight”

Weight Management Exercise Program \$50 per month

- ✓ Up to 3 sessions per week
- ✓ Up to 20 minutes in Underwater Treadmill per session

Pets of a healthy weight will outlive overweight pets by an average of 2¹/₂-3 years.

Benefits of Underwater Treadmill Exercise

- ✓ Strengthens muscles while minimizing stress on the joints through the buoyancy of the water.
- ✓ The warm water helps to increase overall flexibility and range of motion.
- ✓ Buoyancy counteracts weight, allowing easier ambulation.
- ✓ Sessions are able to be adapted to each patient's needs via water depth, speed, jet resistance, and length of session.

